

Bachelor of Physical Education (3 Years)

Semester Wise Syllabus (Course Name & Subject Code)

Semester I

Subject Code	Course Name
BPED101	Foundations of Physical Education
BPED102	Anatomy and Physiology
BPED103	Health Education
BPED104	Yoga Education
BPED105	Athletics (Practical)
BPED106	Games Specialization – I

Semester II

Subject Code	Course Name
BPED201	Sports Psychology
BPED202	Kinesiology
BPED203	Sports Training
BPED204	Officiating and Coaching
BPED205	Gymnastics (Practical)
BPED206	Games Specialization – II

Semester III

Subject Code	Course Name
BPED301	Sports Management
BPED302	Measurement and Evaluation
BPED303	Adapted Physical Education
BPED304	Computer Application
BPED305	Teaching Practice – I
BPED306	Yoga Practice

Semester IV

Subject Code	Course Name
BPED401	Sports Nutrition
BPED402	Research Methods
BPED403	Sports Medicine
BPED404	Coaching Practice
BPED405	Internship – I
BPED406	Games Specialization – III

Semester V

Subject Code	Course Name
BPED501	Advanced Training Methods
BPED502	Fitness and Wellness
BPED503	Sports Technology
BPED504	Physical Fitness Testing
BPED505	Teaching Practice – II
BPED506	Minor Project

Semester VI

Subject Code	Course Name
BPED601	Dissertation / Project Work
BPED602	Internship – II
BPED603	Seminar
BPED604	Viva Voce
BPED605	Coaching Camp